The Oceania Sport Education Programme (OSEP) is a joint initiative of the Australian Sports Commission, the Oceania National Olympic Committee and the Olympic Sports Federations of Oceania to support the development of sport education in the Pacific region.

The OSEP comprises a number of training programmes that have been specifically designed to provide a regional approach to sport education by developing flexible, relevant, modern curricula and training support resources in the areas of coaching, officiating, administration and assessor/presenter training.

The OSEP offers Community, Development and Competition levels of training programs in the following streams:
1. Sports Administration
2. Coaching
3. Strength & Conditioning
4. Team Manager
5. Trainer

PRESENTER

The Presenter training programme will assist individuals develop skills to run quality training in the Pacific by learning how to plan and run good training programmes, meet the learning needs of all participants, and review and improve their training sessions. It is designed for individuals who want to be better presenters.

OSEP Presenter will take approximately 8 hours to complete. It consists of three modules:

1. How to plan training sessions
   a. Identifying training needs
   b. Planning training sessions
   c. Training approaches
   d. Planning a good introduction
   e. Planning the conclusion

2. How to present training sessions
   a. Setting up a safe and suitable place for training
   b. Presentation methods
   c. Training methods
   d. Adult learning
   e. Multi-sense learning

3. How to review training sessions (Implementation Phase)
   a. Presenter self-assessment
   b. Review Training
   c. Recording training information

Upon successful completion of the Presenter training program, the participants will be able to:

Planning
- Understand the benefits of planning
- Understand the elements of a good plan
- Plan a good introduction to the session
- Plan a good conclusion to the session
- Plan a complete competency-based session plan

Presentation and feedback
- Understand the need to run all training safely
- Be aware of and understand the various common training aides available
- Understand the importance of using adult learning principles
- Plan and present training activities that meet the different learning styles
- Provide feedback during and after training
- Reflect on and review the success of training
- Develop ways to improve training based on review and feedback

Recording
- Understand the importance of keeping OSEP training programme information